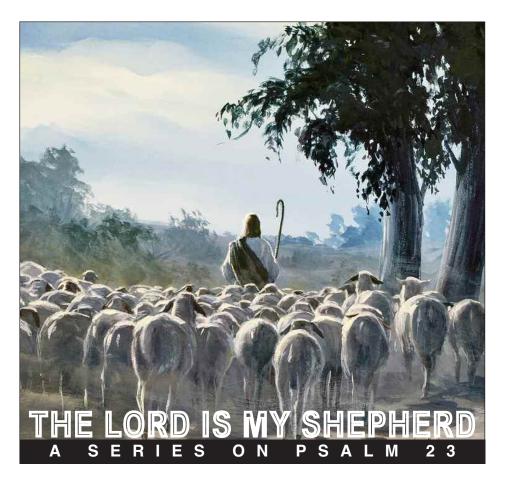
## Psalm 23 (NKJV) A Psalm of David

<sup>1</sup> The Lord is my shepherd;
I shall not want.
<sup>2</sup> He makes me to lie down in green pastures;
He leads me beside the still waters.
<sup>3</sup> He restores my soul;
He leads me in the paths of righteousness
For His name's sake.

<sup>4</sup> Yea, though I walk through the valley of the shadow of death, I will fear no evil; For You are with me; Your rod and Your staff, they comfort me.

<sup>5</sup> You prepare a table before me in the presence of my enemies; You anoint my head with oil; My cup runs over.
<sup>6</sup> Surely goodness and mercy shall follow me All the days of my life; And I will dwell in the house of the Lord Forever.



1. The Lord is My Shepherd	Verse 1
2. The Lord is my peace	Verse 2
3. The Lord is my strength	Verse 3
4. The Lord is my protection	Verse 4
5. The Lord is my blessing	Verse 5
6. The Lord is my life	Verse 6

The Lord is my Blessing - Psalm 23:5

Blessed =

## YOU ARE BLESSED BEYOND MEASURE

v.5 You prepare a table before me - in the presence of my enemies This is a picture of...

How the shepherd prepares the land for grazing:

John 10:9-10 I am the \_\_\_\_\_

- -
- -
- \_
- \_

How we are blessed by God:

Ephesians 1:3

## YOU ARE A DEEPLY LOVED CHILD OF GOD

v.5 You anoint my head with oil, my cup runs over

- 1.
- 2.
- 3.
- Who I am in Christ:

1. Sometimes it can seem that the world is against us, we can be struggling with the circumstances we are going through, or uncertainty over the future. As Christians, we are blessed. How can we recognise that we are blessed when everything seems to be wrong in our lives?

2. What does David mean when he says, "You prepare a table before me in the presence of my enemies?" Compare what it means from a shepherds perspective, and how it applies to ourselves.

3. Read John 10:9-10. A shepherd would literally be the 'gate' of the sheep pen. This way, only His sheep were in the pen, he knew when sheep tried to leave, he would lead them out to pasture, and he was aware of predators trying to get in. Apply this to what Jesus says about us in these verses.

4. Psalm 23:5 says, "You prepare a table before me in the presence of my enemies." Who are these enemies? How does the Good shepherd keep us safe? How does Romans 8:37-39 explain this?

4. Ephesians 1:3 says that we are blessed, "...with every spiritual blessing in Christ." what are these spiritual blessings, and how do they compare to material blessings?

5. Psalm 23:5 says, "You anoint my head with oil, my cup runs over." What does this mean in the life of a shepherd towards his sheep, and how does it apply to us?

6. Who are you in Christ?